

Make polluters pay - stop acid rain

Canada, U.S. warned

A commons subcommittee urged governments here Thursday to take immediate and firm action, including severe fines for polluters, to stop acid rain without waiting for the United States to act.

It also called on Canada and the US to co-operate in a spirit of self-interest to reach agreement to stop acid rain that is poisoning fresh water and plant life in parts of Canada and the northeastern USA.

Although a Canada-US agreement is essential, Canadians were warned not to wait for it to improve their legislation, regulations and enforcement provisions because the US is following a policy of neglect and inaction in the fight against acid rain.

Subcommittee chairman Ronald Irwin, Liberal MP for Sault Ste. Marie, Ont., released the report after a year long study of acid rain by the five person all party committee. Noting that 50 percent of Canada's acid rain is caused by Canadians and the balance from US sources.

Although continued research is a legitimate concern, "research should not be used as a substitute for the difficult decisions which need to be taken," Irwin said in a prepared statement.

"The time to act is now," he said. "There is enough knowledge of, and damage by acid rain to warrant strong measures; any prolonged delay would risk allowing irreversible damage to take hold." Put simply, it is a fight we cannot afford to lose.

Environment Minister John Roberts issued a statement thanking the subcommittee members for their work, but said he could not discuss the report's recommendations until he reviews the material and consults officials in his department.

As for the problem of international co-operation, Roberts said he hopes "our American friends will take note of this reaffirmation and resolve to see this matter to a successful conclusion."

MAKES STATEMENT

In making its call for action in Canada and the US against the sulphur and nitrogen oxides that fall with ordinary rain, the report makes this chilling statement:

"Acid rain poses the greatest threat to the North American environment in the recorded history of this continent."

This most pervasive and feared environmental pollutant threatens to destroy thousands of fresh water lakes and rivers and has the potential to damage forests, agricultural crops and soils, and man-made materials.

The report followed calls from federal and Ontario officials for action against acid rain at a congressional committee hearing in Washington. Representatives of American coal producing states said

See "POLLUTERS"

page two

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Vol. 5, Number 42

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Wednesday, October 21, 1981

Coboconk plywood industry burns, damage 1.5 million

COBOCONK — The factory building of Vicply Inc., a plywood company here owned by John Hickey of Lindsay, was destroyed by fire early last Tuesday morning. More than 50 were employed at the plant. Although two storage sheds and a boiler room were salvaged, Fenelon Falls Fire Chief Al Graham estimates damage to be near 1½ million dollars.

"It's got to be high. I would think a million and a half," said Chief Graham.

Machinery and plywood in the manufacturing area was destroyed in the fire which started about 2:30 a.m. and whose cause is yet unknown. Four fire trucks from Coboconk, Kirkfield and Fenelon Falls departments were at the scene and had the blaze under control in about two hours. There was also some damage done to one storage building, Chief Graham said. Firefighters were still at the scene late into the morning cleaning up and pumping water onto the remaining stacks of plywood sheets.

Employees work two shifts at the plant but no one was on duty at the time of the blaze and no one was reported injured.

The factory area had been rebuilt about 1960 following a previous fire, according to Brenda Liscombe of the Bexley Township clerk's office. She said the storage area which was not destroyed this time had been built about three years ago.

Everett Cameron, Reeve of Bexley Township, said he met with the owner, who was insured, early last Thursday morning and discussed the re-opening of the plant.

"It's a disaster. It's the only thing we have for our livelihood. We're hoping to get it rebuilt as soon as possible.



Well for St. Peter's Church

STANHOPE — Despite the snow that fell in Stanhope Township on Monday evening, the well drilling project at St. Peter's Anglican Church started right on schedule. Here, Les Johnson of G. Hart & Sons Well Drilling, gets ready to add another length of pipe. Mr. Johnson informed

ed The Express that he had gone down 26 feet and hoped to hit water for the church in another ten feet. The much needed well will enable the church to have water all year round, thanks to a donation by a former member of the church who passed away recently.

Driverless car causes \$4,200 damage in IGA parking lot

MINDEN — OPP report just six motor vehicle collisions during the last seven day period, with one, a bizarre accident at the Minden IGA parking lot.

On Thursday morning at 11 am, Penny Obee 34, of Minden, stopped her car to check on a dragging wire under the vehicle. Once she was outside the car, the gear selector slipped into reverse and the

vehicle backed across the lot, glanced off a concrete pillar, drove over a sign and entered an adjoining parking lot.

The car then reversed itself across this lot and struck a parked car belonging to Miriam Lewis of Lutterworth, and was turned back toward the store. Re-entering this lot, the vehicle struck the front of a parked Ford owned by Barbara Carpenter of Lochlin.

Police report damages to the sign at \$100, the Lewis car \$300; the Carpenter car at \$800 and the Obee vehicle at \$3000. PC Brian Dunham.

EDITORALLY SPEAKING

CUPE looks for new ways to make pain for all Canadians

The Canadian Union of Public Employees are upset that the Canadian people seem to be becoming accustomed to the run-of-the-mill civil service strikes. We don't bleed enough for their liking anymore.

Although public-sector strikes do cause great annoyance, politicians and the public are learning to cope with them more easily, a CUPE policy paper weeps. But CUPE isn't about to lay down its arms. Instead it is planning a new tactic to make war on the people of Canada.

They plan shorter, more hard-hitting strikes and unusual techniques such as locking out employers. They are going to try to combine their strikes with strikes of others in public service to really stick it to the people — all at once.

Many people can put up without having their garbage picked up, but cannot also cope at the same time with their kids out of school and other similar inconveniences. The policy paper licks its lips at the thought of all that hardship for all those people.

CUPE goes on to say it must develop a new collection of "imaginative strike techniques" such as strikes that hit only the most sensitive parts of an employer's operation, a refusal to collect taxes, wildcat strikes, work to rule and rotating strikes.

Anything to make us hurt and give in to their demands.

This is the first time actually that we have seen a civil service union admit that its main bargaining power is the pain it can inflict on ordinary people.

Of course, it's true and that is why strikes should be disallowed in the civil service.

The people and their governments should counteract CUPE's new strategy with a new strategy of their own — a complete prohibition of public service strikes.

THE HIGHLANDS EXPRESS

R.R. 2, Minden, Ontario K0M 2K0

Telephone: (705) 489-2036

Robert Mann,
Publisher

Cliff Burke,
Editor

Mainstream Canada

Phone rates: an unfair system

By W. Roger Worth

If you don't succeed at first, try, try again. That's the attitude many of Canada's telephone companies have taken in their efforts to bump up rates for smaller firms, and they are winning.

In a recent decision by the Canadian Radio-television & Telecommunications Commission, Bell Canada was granted the right to increase rates for smaller companies in Ontario and most of Quebec by a full 15 percent, compared to 12 percent for residential customers.

Bell was seeking rate increases of 30 percent for residential customers, and a whopping 40 percent for business.

What's significant about the decision is that for the first time, a telephone company was able to convince the CRTC that business rates should be increased more than those for non-business users.

While the extra 3 percent smaller firms will pay for phone service may not seem like much money, Bell has succeeded in breaking the long-standing tradition of similar across-the-board increases for businesses and residential customers. And, smaller companies are already paying sky high rates for service.

In Montreal and Toronto, for example, the business rate is three times the residential rate, forcing small firms to pay \$30 or more per month, compared to \$9 - \$10 for residential customers. In other provinces and cities the

OTHER WORLDS a science news service

Sure shots

(IDRC) - Up to a quarter of the 40 million children vaccinated against measles this year will actually have no protection because the vaccine they will get will be "dead" -- destroyed by heat or sunlight.

The problem of deteriorating medicines is especially acute in developing countries, where there may be no refrigerated storage available. In fact, the World Health Organization has called the difficulties of keeping vaccines safe and effective "the greatest stumbling blocks to successful immunization." Until recently, there has been no adequate way for a rural health worker to even tell whether a vaccine is still potent.

Now Canada's International Development Research Centre has joined with American and British agencies to test a simple time-temperature indicator that can signal a health worker when a vaccine should be discarded.

differential is about the same, to a greater or lesser degree.

In Britain, for example smaller firms pay only 18 percent more than residential customers, and in most European countries business and residential rates are virtually the same, for single telephone

The indicator, a tiny adhesive tab that can be attached to the glass vaccine vial, undergoes a sharp change in colour when exposed to heat long

Wed., October 21, 1981

enough to have inactivated the vaccine to which it is attached. The principle is similar to children's fever strip thermometers now popular in Canada.

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Polluters — stop acid rain

from page one

that Canada should do more within its own borders.

The parliamentary subcommittee, however, pointed at American acid rain, noting parts of Ontario are suffering severely. The report also said salmon will be hurt in BC and the Atlantic provinces; lakes are killed or being killed here and in Quebec; the \$20 billion a year forest industry is worried and the problem is growing in northern Saskatchewan and the BC lower mainland.

"The conclusion is inescapable that acid rain is producing devastating effects on the North American environment."

service.

Again, in the United States, the differential between business and residential rates is substantially less than it is here.

The telephone companies and the CRTC should take a long look at what's happen-

ing in the rest of the world.

By charging exorbitant rates, the phone companies are forcing the nation's hard-pressed small firms to pay more than their fair share for what is admittedly a top-notch service.

THE NEW MINIMUM WAGE RATES IN ONTARIO

New Minimum Wage rates will go into effect
October 1st, 1981.

General hourly rate	\$3.50
Learner hourly rate	\$3.40
Student hourly rate	\$2.65
Liquor Licensed premises hourly rate	\$3.00
Construction hourly rate	\$3.75

Additional information may be obtained from the
Employment Standards Branch, Ontario Ministry of
Labour, in the following cities:

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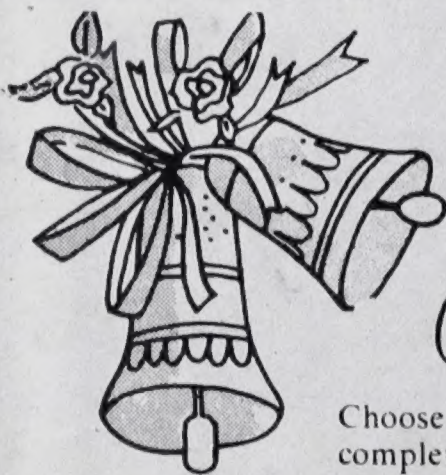
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Anson, Hindon and Minden

Council meets

MINDEN — The 26th meeting of the council for the townships of Anson, Hindon and Minden took place last Wednesday.

PROPOSED ZONING BYLAW: Letters were received from the Ministries of Municipal Affairs and Housing, and MNR outlining their comments on various items such as hazard land, group homes, etc., which require clarification or confirmation.

Clerk Elinor Burke, was instructed to arrange for Don White, District Manager of MNR, to attend the next meeting of council to discuss the points of his letter.

PROTECTION WORK: Council passed a resolution that they had no objection to Miss E. Smith's application to deposit large stones or clean broken concrete along the shoreline of their Minden Pines property, subject to the following conditions: approval of the MNR and Environment and completion of the work within 24 months or a new approval grant.

SEVERANCE PROPOSAL: Council agreed in principle to permit Mr. Wilkins to sever his property into two lots, one with 100 feet of frontage and one with about 95 feet of frontage and also agreed to allow a minor variance of five feet more or less to complete this proposal.

SEVERANCE PROPOSAL: council agreed in principle to permit the large lot purchased by Mr. C. Lloyd to be severed and added to lots owned by Mr. Lloyd and his wife to enlarge their individual holdings and to reduce the area of the lot remaining on the County Road, pursuant to compliance with municipal bylaws.

DREDGING COSTS: council agreed to pay Ron Bolender an additional \$500 as reimbursement for part of the extra costs he incurred while dredging the lake shore of Lot 1, Plan 577.

BIA ADVANCED FUNDS: council approved to advance \$3,000 to the treasurer of the Business Improvement Act for their 1981 projects, and further that those persons in the BIA be invoiced in 1982 to recover this sum.

Cabinet Decision Saves 70 Jobs at Cobalt

At least 70 mine and mill workers at Cobalt's Teck/Silverfields mine will retain their jobs because of a decision by the Ontario Cabinet, Natural Resources Minister Alan Pope announced.

The Minister said the Cobalt operation, originally slated for close-down due to a Mining Act ruling forbidding outside-of-Canada processing of the mine's concentrates output, was put in a Catch 22 situation by the closing of the Canadian Smelting and Refining (1974) Limited at Cobalt.

C.S.R. was the only Canadian refinery capable of handling the Teck/Silverfields concentrates.

The Cabinet decision, exempting the Cobalt firm from the domestic processing requirement under Section 104 of the Mining Act (R.S.O. 1980) — formerly Section 113 — allows the company to rescind the notice of closing it filed with the Ministry of Labour last August.

"This is a one-year exemption which covers both flotation and gravity silver concentrates," Mr. Pope explained.

The minister said that since Canadian Smelting and Refining (1974) Limited at Cobalt closed, no other Canadian refinery has been able to handle the Teck/Silverfields concentrates.

"It is only due to the favourable terms that Teck/Silverfields obtains from foreign processors, under the current depressed silver prices, that allows this mine to stay open," the Minister said.

"The fact is that the U.S. government is, over the next couple of years, going to sell off silver from its stockpile at the rate of approximately 11 1/4 million ounces a week. The price of silver is not expected to make significant recoveries for quite some time," he added.

"The Ontario Government, by this action, hopes to sus-



Investment Market

Comparative investment returns

By McLeod Young Weir Ltd.'s Economics Department

The update of our Rate of Return study has recently been completed. The results compare the total rate of return for stocks, long-term bonds, mortgages, and money market securities using a specially developed set of Value Indices which capture both capital gains (and losses) as well as the reinvestment of dividend or interest income.

Turning first to 1980, the equity market continues as the top performing sector for the third year in a row, showing an "all in" total return of about 30% (of which about 25% was capital gain). This was followed in very distant second place by short-term debt securities which showed returns

of 13% to 14%. Mortgages (and a close proxy for 5-year bonds) trailed in third place showing a return of 6.5%, and again for the third year in a row, long-term debt showed the poorest total return of 2.5%.

Turning to the longer-term, equities with an average annual total return of about 11 1/2% over the last 20 years has been by far the best performing sector, showing a return about 61% better than the next best performer - 7.2% on 90-day finance company paper. Long bonds over this period finished last with an average return of only 5%.

Moving forward to the

Instead of trying to shift the migrants to permanent settlements, Indonesia is encouraging them to stay on the land they open. Small subsidies and seedling supply programs are granted for two years. At the end of four years, the land legally belongs to the tiller.

Staying put and managing carefully becomes more attractive than destroying and moving. The government estimates the cost is less than one-sixth of conventional settlement.

OTHER WORLDS

a science news service

Staying put

(IDRC) - Indonesia has worked out a new program to resolve one of the most difficult of development and environment problems.

The country has more than one million migrant farmers who use slash-and-burn techniques on some 10 million hectares of land. The practice, which involves burning off competing vegetation, farming until the soil is exhausted, then moving on, ruins about 400,000 hectares of land every year.

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tain mineral activity in the Cobalt area until such time as market forces will stimulate greater activity and interest," Mr. Pope added.

last ten and five year comparisons, average annual equity returns at almost 14% and 25% respectively open up a wider spread to the second place securities. The almost 25% annual 5 year return since 1976 is more than double the return on the next best security class - short term paper.

Over the last 5 and 10 year periods, another important change has occurred. Up until 1980, mortgages had marginally outperformed short-term paper on a longer-term trend basis. However, the strongly negative yield curve in 1980 finally vaulted short-term paper into second place behind stocks in the overall ranking. Over the last 10 period since 1965, the order of leaders and laggards is the same. However, in the

and 5 year periods, private money market securities show average returns at about 8.7% and 10.4% respectively, compared to 8.3% and 8.5% for mortgages. (Interestingly, for the third year in a row, 30 day finance paper outperformed 90-day paper, reflecting the negative sloped yield curve). Overall, money market investments have clearly beat investing in any other debt security class. And, when the inherent relative illiquidity of residential mortgages and to some extent bonds is taken into account, short-term investing has proven to be even more attractive.

A copy of this report is available by contacting the McLeod Young Weir office nearest you.

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Redmen lose 17-16 in overtime

'Clash of Titans' leads to classic Haliburton Weldon game

LINDSAY — I. E. Weldon and Haliburton Redmen met last week here with both squads sporting 4-0 records. What was to take place on the field over the two hour game was a classic confrontation with the Weldon Wildcats winning the contest.

Haliburton got off on the wrong foot when the Wildcats kicked off to open the game and the Redmen fumbled on their own 20 yard line. Two plays later the Redmen forced the Wildcats into a field goal attempt that they made good and they were on the board 3-0 after a few seconds of play.

Haliburton took the ball on the 35 yard line following the field goal and marched to the Weldon 20, most of the yardage picked up on a pass reception of 30 yards from Redmen QB Tim Davies to receiver Mike Hatkoski. From here Davies split the uprights to tie the game at 3-3.

In the second quarter Weldon blocked a Haliburton punt attempt from their endzone and scrimmaged from the Redmen 25 yard line. Four plays later they made good on a 12 yard pass and run play for a major score. The convert was good and they were up 10-3.

Midway through the second quarter Davies kicked another three-pointer to cut the Weldon lead to 10-6. Weldon then were stopped on two plays from their own 35 and attempted a punt, it was blocked and Rob Medcalfe recovered. Two plays later the Davies-Hatkoski combination clicked for a major score and the convert was good, score now 13-10, with just 28 seconds remaining in the half.

Haliburton got the only points in the third quarter when Davies again put three points on the board with a field goal making the score 16-10.

Early in the fourth quarter Weldon put together their best drive of the day, culminating in a 12

yard pass and run TD. Weldon was good on their convert but drew a penalty for offside. From five yards further back they tried again and this time it was blocked to keep the game tied at 16-16.

In the first of two 7½ minute overtime periods, Haliburton Coach Brohman decided to kick off first and give Weldon the strong wind advantage. Weldon took advantage of the wind to score a single on a punt through the Redmen endzone, to score the important

point that turned out to be the winner, 17-16.

Recapping what the Redmen must and must not do this Friday afternoon in their final league game, if they win by one point they give Weldon home field advantage in the playoff finals, if they win by two, they get home field advantage, if they tie or loose they are finished football for the season. Good luck Redmen.

Kawartha West Seniors

Football Standings

TEAMS	W	L	T	PF	PA	Tot
I. E. Weldon	5	0	0	127	29	10
Haliburton	4	1	0	119	39	8
Brock	4	2	2	75	67	4
LCVI	1	4	0	57	69	2
Fenelon Falls	0	5	0	7	184	0

GAMES PLAYED —

Haliburton 9 LCVI 0
Weldon 7 Brock 6
Weldon 17 Haliburton 16 OT
LCVI 28 Fenelon 0

THIS WEEK —

Weldon at Haliburton, Friday, Oct. 25th—2 pm
Brock at Fenelon LCVI at Brock

A to Z it's All in the CLASSIFIEDS

"Law and Order"

A drama that chronicles the rise of an Irish New Yorker through the ranks of the Queen City's Police Department, "Law and Order" will be seen on Global Saturday, October 24 at 11:30 p.m.

Darrin McGavin stars as Biran O'Malley, a cop who falls prey to the rampant corruption that runs through the department. Based on the bestselling novel by Dorothy Uhnak, "Law and Order" also stars Keir Dullea, Robert Reed and Teri Garr.

Black Creek pioneer life in the 20th century

Where can you find harness-making, blacksmithing, milling and old-fashioned baking all at the same location? Black Creek Pioneer Village.

Inhabitants of this 44-acre village in Toronto relive local pioneer life as it was 100 years ago. Watch pioneer women bake in antiquated cooking houses. See hardy pioneer men make guns, harnesses and wood crafts. Let the kids look at horses, pigs and oxen, take them for a horse-drawn wagon ride.

Black Creek Pioneer Village is just one of many "olden days" attractions offered by Dominion Fun Trek '81. To get there, take Highway 400 to Highway 7, take 7 east to Jane Street and then go south to Steeles. You can't miss it!

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If you receive interest payments by direct deposit, the T5 form will be mailed to you separately as part of the information slip you receive advising you that interest on your CSBs has been paid.

For Compound Interest Bonds, the T5 form will be given to you when you redeem them.

If for some reason you do not receive a T5 form, contact the Bank of Canada, Public Debt Department, Ottawa K1A 0G9 and a duplicate T5 form will be sent to you.

You will have to provide the complete bond numbers and exact registration — the name shown on the face — of the bonds involved. The bond number appears on the face of your CSB near the top, such as CS32FO521106D.

Floyd Hall, Hartwick win in Town league pre-season games

MINDEN — The men's town league opened its 6th season on Monday evening with an exhibition game at 7 and 8:30 pm. The regular season gets underway next Monday at the same times, with Hall Insurance playing Home Hardware and in the later game its Hartwick Construction vs. Rockcliffe Hotel.

Pre-season matches don't always tell the story as to who is going to be the team to beat in any league, however, from the action Monday, Floyd Hall looks good.

The Insurance lads put on a fine display of skating, scoring and defense to beat the Hotel boys 10-5. The Hotelmen made the game look closer by scoring two goals in the last minute of play.

The unit of John Barkwell at centre, Dave Dollo left wing, Sid McKeagan right wing and the defensive pair of Wayne Johnson and Barry Smith looked in mid-season form, scoring seven of their teams ten goals. Johnson led the way with three while Bark-

well and McKeagan netted a pair. Other scorers were Pete Lattner with two and a single by Pete Pearson.

Dave Brown led the Hotelmen with the hat trick while Jeff Campbell and Andy Campbell each had one in the last minute.

In the second game, the contest was tied 3-3 at the end of two periods but Hartwick came on in the third to score four times and take a 7-3 victory. Dave Hartwick and Dean Hewitt scored twice while singles went to Scott Gartshore, Larry Vick and Dave Pettes. Harris Steele, Jim Keatch and Dave Crego scored for Home Hardware.

Home Hardware, winners of the league and play off championships over the last two years, will have a much tougher time of it this season. Predictions by this reporter for the season are Floyd Hall Insurance winning both titles, but not without a handful of trouble with Hartwick Construction. Home Hardware will finish third and Rockcliffe Hotel 4th.



Hales, Detsky, Alviano to be honoured at Builders Dinner

TORONTO — The ninth annual "Builders of the Bowling Industry Awards Dinner" will be held on Saturday, Nov. 7th at the Sheraton Centre.

Conducted under the auspices of the Bowling Proprietor's Association of Ontario, and the Ontario 5 Pin Bowlers Association, the bowling industry awards dinners were instituted eight years ago to honour individuals who have contributed a great deal to the well being of bowling over a long period of time.

This year, those joining the illustrious group include Jack Hales of London, president of the Ontario 5 Pin Association over the past decade; Lou Detsky of Toronto, former president of Shea's Bowling Centres chain and past president of the BPA; and Ray Alviano of Kitchener, a well known sports editor with the local paper there and a true supporter of 5 pin bowling in Ontario.

Ministry Mails Sales Tax Grants for Seniors

The Ontario Ministry of Revenue has successfully completed the mailing of 845,279 Sales Tax Grant cheques to Ontario seniors. The \$50 cheques are sent automatically each year to all Ontario residents aged 65 or over to help offset their retail sales tax payments. This year payments totaled over \$42 million.

"We're very pleased to mail these cheques to Ontario's senior citizens," commented Revenue Minister George Ashe. "It is the government's belief that our seniors deserve special relief from provincial retail sales tax. We know these cheques are very much appreciated and seniors should be receiving them in a day or two. Seniors turning 65 after August 1st of this year are also eligible for the grant and should receive their cheques in December or early January of 1982."

Mr. Ashe cautioned that the Sales Tax Grant cheques should not be confused with Property Tax Grant cheques. These are mailed separately and the mailing of the second installment will begin on October 19th.

The Revenue Minister also used the occasion to provide an update on the processing of Property Tax/Grant applications. The Property Tax

Grant is provided annually to eligible seniors who complete an application form and return it to the Ministry. The grant, payable in two installments, is designed to offset seniors' property tax payments, whether payable directly through home ownership or indirectly through rent.

"We've received back some 500,000 completed applications since we mailed them to seniors in early September," Mr. Ashe said. "It would seem our comprehensive public information effort and familiarity with the program are having an effect, since the error rate this year is substantially reduced from that experienced 12 months ago when the program was first introduced. As a result, processing is progressing on schedule and seniors will be receiving their Property Tax Grant cheques toward the end of October."

Enquiries regarding the Ontario Tax Grants for Seniors program should be directed to Revenue's multilingual, toll-free information centre at one of the following numbers:

- in Metro Toronto, dial 965-8470
- in area code 807, ask operator for zenith 8-2000
- in all other areas, dial 1-800-268-7121

Town League opens season

MINDEN — The men's town hockey league opened their 1981-82 season with exhibition games on Monday evening. The regular schedule gets underway next Monday at 7:00

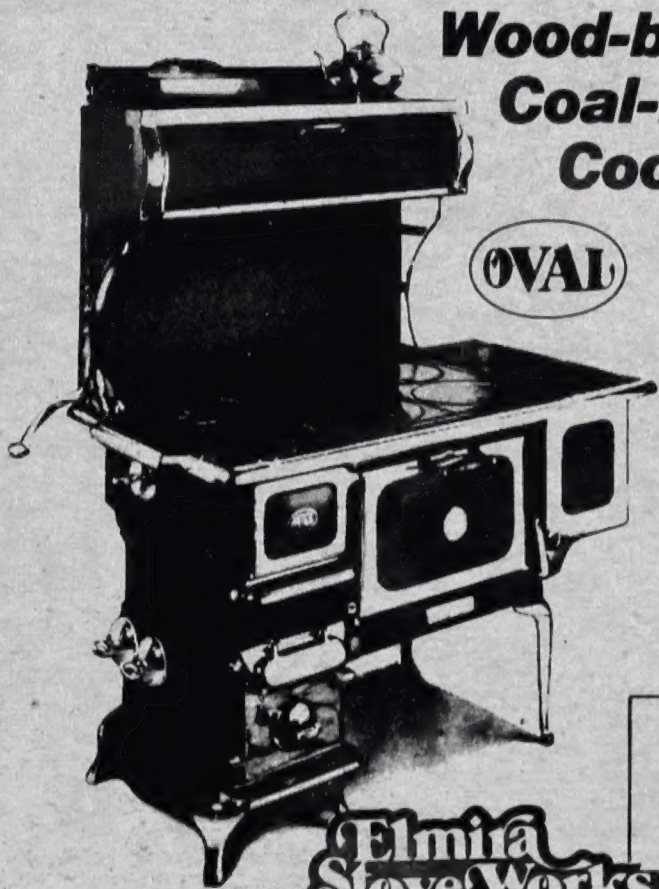
Floyd Hall Insurance appears to be the team to beat this season. Complete results of the contest are inside.

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The pressure cooker is alive, well and serving millions

Grandma used it, mother used it, no bride's kitchen was complete without one but whatever happened to the pressure cooker? Gone like the dinosaur, big cars and bobby sox? Not so.

The handmaiden of generations of homemakers is still very much alive and even making a big comeback among those who are, if anything, more nutrition and energy conscious than their parents.

According to Dianne Kay of Presto, there are over 2.6 million in Canadian homes; that's roughly one in every three kitchens. But the question is, are they all being used?

"No," says Dianne. "New purchasers are using them, and there are a lot of people still getting good service from what they regard as a staple utensil in the kitchen. We have people coming to our service centre with pressure cookers they have used for 40 years. But there are a large number of former users who have put their cooker at the back of the shelf, and have forgotten just how useful it is in providing quick, tasty meals for themselves, families and guests."

by

Louise Belmont

"We know that food cooked in a pressure cooker retains its flavor and color better."

"Air and liquid are the two agents that affect flavor. Since pressure cooking is done without air, and only enough liquid to provide steam is used in most recipes, food retains its true flavor."

"The short cooking time makes for good color retention, and without air for oxidation, essential vitamins and minerals are preserved."

Dianne is right.

But perhaps the most important assets in a generation in which over 50 percent of

housewives, including many parents, single or married, are part of the work force, are speed and convenience.

You can, for example, cook a nutritious meal for up to ten people in less than 15 minutes. You can mix and match several vegetables cooked together, cook family favorites like savory chicken, chili con carne or Hungarian goulash, with the minimum of effort — and you're only using one pot.

But the pressure cooker is not limited to straightforward fare. Those who fancy themselves as gourmet cooks, don't have to cook everything the slow way. I know a number of leading chefs who use pressure cookers not only in the kitchens where they produce some of Canada's greatest meals, but also use them at home.

That says a lot for an appliance that was first tried in France over 300 years ago and has served millions since. The first pressure cooker looked like a steam boiler.

Today's pressure cooker has a sleek, up-to-date look. The cooking principle is the same, but now it's easy and safe to use.

Water heated to the boiling point creates steam. When air is exhausted, and steam is not allowed to escape, the resulting pressure brings the temperature above boiling. Heat is driven into food, so it cooks much faster.

To rephrase an old saying: "If you can't stand the heat in the kitchen, cut down on your time and use a pressure cooker."

In the meantime, here's a recipe that you'll enjoy preparing.

Glazed pork loin with herbed Mousseline

Ingredients

1 1/2 pound (680 gm) loin, cut from pork roast
4 to 5 ounces (112-140 gm)

lean pork scraps
1 small clove garlic
1/4 tsp. (1 mL) salt
1/4 tsp. (1 mL) each nutmeg, basil, rosemary
dash pepper
1 egg white
1/4 cup (50 mL) whipping cream
2 bay leaves
1 piece (15x10 inches) (38x25 cm) cheesecloth
2 Tbsp. (30 mL) melted butter
3/4 cup (150 mL) chicken broth
1/4 cup (50 mL) white wine
Cut away excess fat from loin; keep meat in one piece. Remove any sinew. Lay meat, fat side down, on a board and pound into a 9 x 7 inch (23 x 18 cm) rectangle. Cut away any uneven edges and add to pork scraps. Cut pork scraps into small pieces (about 3/4 cup or 150 mL); put in a blender or food processor. Add garlic, salt, nutmeg, basil, rosemary and dash of pepper. Process until finely chopped. With motor running, pour in egg white and then cream; purée. Mixture should be soft but

thick (about 3/4 cup or 150 mL). Dip cheesecloth in melted butter and lay loin, fat side down, in centre. Spread meat purée evenly over pounded loin. Roll or fold meat around stuffing to make a loaf, about 7 inches long (18 cm). Lay 2 bay leaves over top of meat. Wrap cheesecloth around meat. Twist and tie ends as for making sausage. Wrap with a string. Place chicken broth, wine and cooking rack in pressure cooker. Place meat on rack. Close pressure cooker cover securely. Place pressure regulator on vent pipe. Cook for 30 minutes at 15 pounds pressure. Let pressure drop of its own accord. Remove meat; remove string and cheesecloth. Place on serving platter and keep warm. Makes 4 to 6 servings.

Glaze

In a small saucepan combine 1/2 cup (100 mL) currant jelly,



Pressure cooked meals save time and energy in the kitchen.

2 tablespoons (30 mL) orange juice, 1 tablespoon (15 mL) lemon juice, 1/2 teaspoon (2 mL) dry mustard, 1/8 teaspoon (1/2 mL) powdered ginger. Bring to a boil for two minutes. Spoon over roast. If you would like more recipes write to me at: 365 Bloor St. E. Suite 1712, Toronto M4W 3L4.

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heart



WOOD HEAT Safety Presentation

A demonstration with slides and guest speakers will illustrate how to burn wood efficiently and safely. A question and answer period will follow the presentation on

Thursday, October 29th

at 7.00 p.m. in the

Stanhope Community Hall

Guest Speaker: WAYNE SUTHERLAND OF THE KINGSTON TOWNSHIP FIRE DEPARTMENT.

Plan to attend and receive FIRST HAND KNOWLEDGE of wood heat safety.

This presentation is brought to you in conjunction with Fire Prevention Week by The Stanhope Fire Department.

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HARDWOOD trimmer ends for sale at \$25 per pickup load and slabs, \$25 per lift. Call 754-2040. (41)

WINTER HOURS

Carnarvon Country Market
489-3333
Mon., Thurs. & Sat.
9 a.m. - 6 p.m.
Friday 9 - 9
Sunday 1 - 6
CLOSED
Tuesday & Wednesday

Huron wood cookstove, excellent condition; 1976 Ford Courier pickup truck, low mileage, \$3500; 1971 Camper equipped, GE frig, jam cupboard. Call (705) 488-2302. (42)

FIREWOOD — cut to your preference, \$30.00 per cord, delivered or \$25 picked up. Log length loads, hardwood delivered. Call 286-1405. (42)

FOR SALE

ROUGH LUMBER for sale hardwood or softwood. Call 754-2040. (41)

Girls 3 speed bike in good condition. 286-1165. (42)

Side by Side refrigerator, white range, self cleaning, excellent condition \$850 for the pair. Call 286-3001. (42)

FOR RENT

ROOM FOR RENT in the Carnarvon area. Call 489-2036 after 6 pm. (39)

REAL ESTATE

Excellent facilities for weddings, banquets or parties large air-conditioned dance hall and modern kitchen or smaller meeting rooms available at STANHOPE COMMUNITY CENTRE. For information call Ann at 489-3180. (9)

HANDYMAN

Repairs, renovations, carpentry, cement, etc. Any type of work. ALSO, chain-saw work and removal of unsafe trees. Call Lorne Bailey, 457-2793 or phone Minden 286-2049. (15)

TREE CUTTING & Removal by experienced local man reasonable rates, call 286-1066. (29)

COMING EVENTS

CRAFT SALE — pottery, knitting, crocheting, Xmas decorations & many other craft items. BACK WOODS POTTERY STUDIO, Lot 250 North Shore, Kennis Lake 754-2002 on Sat., Sun., and Monday, 11 to 6 pm. (40)

HALLOWEEN DANCE on October 31st at 9 pm in the Stanhope Community Centre. Costumes are optional. Music by Ed Whiteway. For tickets, call 489-3180. (42)

In honour of the marriage of Kirk Hewitt and Nancy Bumbacco, relatives and friends are invited to a social hour at 7 pm, followed by a buffet supper and dance at the Minden Community Centre on October 24, 1981. (42)

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Freezer Facts

Try soups — and save

Global's got "The world's largest indoor country music show"



Country music superstar Kenny Rogers, currently storming the charts with his "Share Your Love" LP, joins co-host Dottie West for some of the best music Nashville has to offer when Global Television presents "The World's Largest Indoor Country Music Show," Saturday, October 24 at 9:00 p.m.

This two-hour special, taped during a massive concert before 65,000 country and western fans at the Silverdome in Pontiac, Michigan, features over 100 top performers.

Sharing the stage with Rogers and West are (in alphabetical order): Roy Acuff, Little Jimmy Dickens, Larry Gatlin, Wendy Holcombe, the Grandfather Mountain Cloggers, Grandpa Jones, the Kendalls, Charlie McCoy, Bill Monroe and the Blue Grass Boys, the Osborne Brothers, Minnie Pearl, Jeanne Pruett, Red Sovine, Porter

Wagoner and Don Williams.

Included in the special are reprises of two Grammy Award-winning songs — Kenny Rogers singing "Lucille," and the Oak Ridge Boys performing their hit "Just a Little Talk With Jesus."

Other highlights include:

- Harmonica virtuoso McCoy playing "Orange Blossom Special";
- Rogers and West duet on "Every Time Two Fools Collide";
- Rogers in a solo spot for "Sweet Music Man";
- Acuff presents "Back in the Country";
- Red Sovine offers up his famous "Teddy Bear";
- Bill Monroe performs "Blue Moon of Kentucky";
- and Don Williams sings "Amanda" and "I Recall a Gypsy Woman."

Over 28 songs are presented during this special, making it truly The World's Largest Indoor Country Music Show.

When it comes to home freezing, not all vegetables were created equal. While most vegetables freeze well, there are a few that "break down" due to their high water content, says the Glad Home Freezing Information Centre.

But this shouldn't stop you from freezing them. Although cucumbers, zucchini, onions, celery, radishes, tomatoes and lettuce lose their crisp texture when frozen, they are excellent in cooked dishes such as soups and casseroles, the Glad Centre points out. They will still be flavorful, and probably a lot cheaper than relying on expensive imports in the winter.

Frozen tomatoes are especially versatile. Since they are one of the few vegetables that don't require blanching, a quick

way to freeze them is to wash, dry and place the whole tomatoes on a baking tray. Pop the tray into the freezer. When the tomatoes are frozen, put them into a good quality freezer bag, either a medium or large size. Glad Freezer Bags are ideal for tomatoes. They come with a straw to remove the air, labels for dating your produce and twist ties.

This method also works well with berries such as raspberries, blueberries or strawberries, particularly if you don't like to use sugar when freezing fruit.

If you have questions on home freezing, or would like free home freezing brochures, write to the Glad Home Freezing Information Centre, 2166 Queen Street East, Toronto, Ontario M4E 1E4.

"Dodsworth"



"Dodsworth" inspired the New York Journal to rave that the film was a "fluent, adult and thoroughly absorbing drama." No wonder when you consider the cast includes such talents as Walter Huston, Mary Astor, Paul Lukas and David Niven, the director was William Wyler, the screenplay came from Pulitzer Prize-winner Sidney Howard and the film was based on a novel by Nobel Prize-winner Sinclair Lewis.

"Dodsworth," airing on Global Television, on Sunday, October 25 at midnight, is the story of a very successful, but now retired, businessman who, after a long trip to Europe, finds he is in danger of losing his young, beautiful and restless wife to a younger man.

Haliburton Highlands the heart of getaway country

ONTARIO GOVERNMENT TENDER

Waterfront Residence Minden

Tenders are invited for the purchase of a 2 bedroom frame residence located on a 0.18 ha (0.47 acre) lot having 32 m (106 feet) frontage on the Gull River. The small home located on Anson Street in Minden is legally described as Parts 1 and 2, Plan 19R-1164 subject to an easement for a sanitary sewer over Part 1, Plan 19R-1164.

The property will be open for inspection from 12 noon to 6 p.m. October 30, 1981 when Ministry representatives will be on site to answer relevant questions. Ministry signs are on the property.

Tender documents may be obtained from:

Ministry of Government Services
Public Tenders Office
Room M1-43A, Macdonald Block
Queen's Park, Toronto, Ontario M7A 1N3

Sealed tenders will be received until 3:00 p.m., Monday, November 16, 1981 at which time they will be opened in public in Toronto.

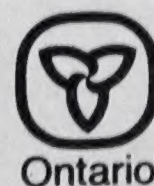
TERMS AND CONDITIONS

1. A deposit of \$2,000.00 cash or certified cheque made payable to the Treasurer of Ontario is required with each tender. The balance is payable within 60 days from the date of acceptance of the successful tender.
2. The Ministry gives no warranty express or implied as to the condition of the property or as to the purpose for which it may be used. The property is being sold on an "as is" basis and it is the purchaser's responsibility to examine the condition of all structures and systems. Zoning or land use information may be obtained from the appropriate Municipal authorities.
3. Sale is subject to a reserve price established by the Ministry.
4. No employee of the Ontario Government may participate in this sale.

NOTE: For further information, please contact Mr. Brian Hallas, Ministry of Government Services, Toronto, Ontario. Telephone (416) 965-4770. Please quote file: 30-260-81 Minden.

The highest or any tender will not necessarily be accepted.

T.O. 206



Ministry of
Government
Services

A "master key" to longer car life

By Paul Jacot

With the cost of new cars escalating each year, Canadians are searching for ways to keep their present car on the road for as long as possible.

One of the most fundamental ways to do this is by carefully reading your car owner's manual. This little booklet can be a "master key" to longer car life. However, it is surprising to note that not many Canadians ever read their owner's manual.

Just by following a few simple tips, you will give yourself the advantage of being able to postpone that new car purchase. In a recent national survey, it was found that more than 50 per cent of Canadian car owners have postponed buying a new car in the last year.

A recent Shell Helps booklet outlines a few basic tips to stretch the life of your car.

Here are a few of the tips:

- Read your owner's manual closely.
- Find a reliable service station and have your car looked after on a regular basis. A certified mechanic has the advantage, by being familiar with your car, of anticipating little problems before they turn into major ones.
- Change your oil according to your owner's manual. Car care experts cannot stress the importance of this procedure enough. Dirty oil eventually leads to rapid wear on your car which, in turn, leads to major problems. Also, use the oil recommended in your owner's manual.
- Check your cooling system regularly.

Sausage bag

If you're looking for a thoughtful gift to make for your favourite athlete, teenager, weekend traveler, biker, hiker, etc., etc., consider the individual possibilities for personalized "Sausage Bags":

Overheating can cause a chain reaction of problems. Use an ethylene glycol based anti-freeze/coolant. It contains special additives to fight rust in your cooling system.

● Change your automatic transmission fluid and filter regularly.

● Do not warm up your car for a long time in idle. This can actually damage your engine. And never rev your engine in park.

● Keep your battery terminals clean and dry.

By following these tips, you will be able to keep your car on the road longer, as well as saving money on fuel and avoiding costly repair bills. When you look at the advantages, it makes sense to give some attention to your owner's manual.



Fashion Fun

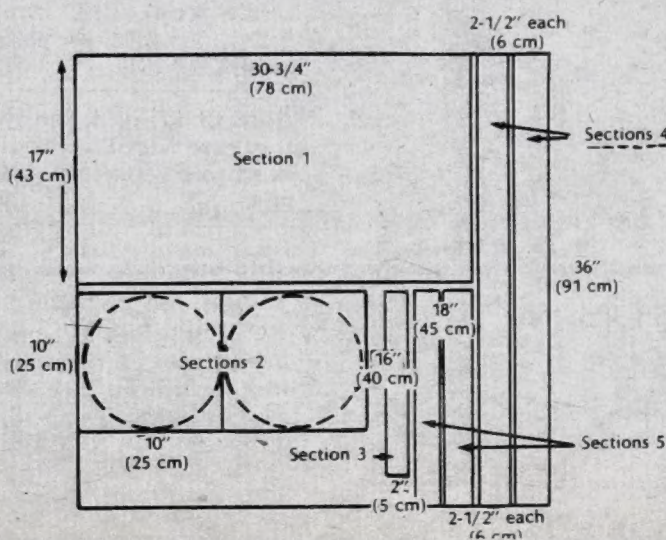
- Make it rugged in waterproof canvas.
- Make it elegant in tapestry velvet.
- Make it casual in corduroy.
- Make it space-age-light in parachute nylon.
- Make it trendy in a gleaming metallic fabric.

The Sausage Bag is the perfect travel bag - to carry a little or a lot. It can also be worn as a back pack, with the handles hooked over your shoulders. And, it's easy to make (give yourself a gift too!).

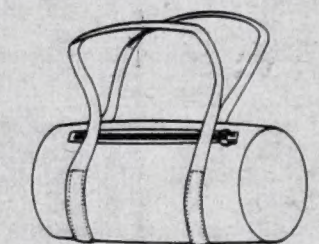
You'll need:

CUTTING INSTRUCTIONS

- Section 1 — cut one piece 17" x 30-3/4" (43 x 78 cm)
- Section 2 — cut 2 pieces 10" x 10", and round the corners to form circles (25 x 25 cm)
- Section 3 — cut 1 piece 2" x 16" (5 x 40 cm)
- Section 4 — cut 2 pieces 2-1/2" x 36" (6 x 91 cm) } For handles, or use trim
- Section 5 — cut 2 pieces 2-1/2" x 18" (6 x 45 cm)



- 14" Super heavy-duty Lightning zipper, style 110, closed end. Use ring-pull slider if desired (or 12" Decorative Jumbo Nylon Zipper, style 6101).
- 1 yard 36" fabric (91 x 91 cm.)
- matching Talon polyester or heavy-duty thread.
- Trim for handles, if desired.



Pyramid Place Top \$12 million attraction at Falls

Next time you're in the area, "The Biggest Show Next to the Falls" - Pyramid Place, Niagara has many updated attractions that rate a family visit.

The \$12 million complex is dominated by the unique, pyramid-shaped "Imax" theatre where an entertaining double bill, "Ontario/Summertime" and "Circus World", is shown several times daily on Canada's largest movie screen.

"Kids' Place", a challenging and exciting supervised play park for children under 13, features the "Rubber Band Bounce", "Foam Swamp", "Cave Crawl", "Roller Slide" and many other innovative, free-form activities.

Nearby is the "BAHA Beetle Grand Prix" where 30 remote-controlled, model-sized dune buggies race on an open track.

Pyramid Place also features the "Good Times Jamboree", an all animated musical show; "The Great White Water Niagara Picture Show", a multi-media spectacle tracing Niagara's colorful past; "Hocus Pocus", a mystical, musical magic show - and an interesting assortment of games, specialty shops and dining facilities.

Pyramid Place is located on the east side of Buchanan Avenue, between Robinson Street and Murray Hill. Hours are from 10 a.m. to 10 p.m. daily until Sept., after which a weekend schedule takes effect.

Energy Sense

If you follow the manual's maintenance schedule, car care experts are convinced there is no reason why your present car cannot be kept on the road well past 150,000 kilometres.

In today's economic climate, there are definite advantages to keeping your car in good condition. Cars which have had regular servicing are more fuel efficient and are less prone to undergo major, costly repairs.

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